

2026 Grand Prix 1 Invitational Meet -PMBG - 8/7/2026 to 8/9/2026**Results****Event 104 Women 200 SC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Veldsman, Chanel	17	TuksSwimming Club-TS	2:25.89	2:31.52
2	Mc Colgan, Isabella L	20	TuksSwimming Club-TS	2:34.73	2:32.90
3	de Waal, Araya	18	Cardinal Aquatics-EK	2:38.95	2:40.57
4	Du Plessis, Mia	15	TuksSwimming Club-TS	2:49.60	2:44.53
5	Van Niekerk, Clarisè	16	TuksSwimming Club-TS	2:46.52	2:44.77
6	Truter, Alex J	21	Beavers Swim Club-ET	2:46.59	2:46.48
7	Bocking, Mikje	17	Penguins Aquatics Club-UM	2:43.68	2:47.52
8	Cole - Edwardes, Emma M	16	AquaPark Aquatics-UM	2:52.06	2:49.18
9	Harrop-Allin, Katherine	14	TuksSwimming Club-TS	2:51.55	2:54.48
10	Van Tonder, Chanel	16	AquaPark Aquatics-UM	2:50.12	2:54.83
11	Kooi, Chenique E	13	TuksSwimming Club-TS	2:59.59	2:54.95
12	Constantinides, Ava	14	Cardinal Aquatics-EK	2:58.49	2:56.06
13	Maree, Morgan	15	Dragons Swimming Club-JH	2:59.51	2:59.40
14	Uys, Nicole	14	Mandeville Dolphins-JH	3:06.78	3:00.21
15	Clowes, Cailyn	16	AquaPark Aquatics-UM	3:00.08	3:00.51
16	Dube, Caitlyn K	17	Mandeville Dolphins-JH	2:55.39	3:02.95
17	Nhimura, Ruth	13	Sharks-MS	3:18.84	3:02.98
18	Woodburn, Jasmine S	13	Mandeville Dolphins-JH	3:08.68	3:06.27
19	Shoniwa, Renee R	14	Mandeville Dolphins-JH	3:12.18	3:19.56
---	Radebe, Zekhethelo S	13	Ushaka Pmb-UM	3:13.48	NS
---	White, Suhanna	13	Ushaka Pmb-UM	3:15.17	NS